



What's on at Dyscover – Summer 2023

Virtual Information Session on Zoom on Tuesday 6th June 10.30am - 11.30am

Meet Rhona, hear about our service plans and meet some of our inspiring Aphasia Ambassadors. Booking essential via info@dyscover.org.uk to reserve your place and receive the Zoom link.



PPA Specific Virtual Session on Zoom on Tuesday 13 June 10.30am - 11.30am

Meet our PPA Specialist Rosemary Townsend and learn more about Dyscover's service and ask questions. There will also be an opportunity to hear from people living with PPA. Please email Rosemary Townsend at rtownsend@dyscover.org.uk if you would like to attend.

This Summer Term we are running the following groups:

Dyscover at Home Online groups via Zoom	Face-to-Face groups Leatherhead / Kingston
14 weeks from 24th April to 28th July	
<ul style="list-style-type: none"> Tuesday mornings 10.00am -11.30am Tuesday afternoons 2.30pm - 4.00pm Reading Group – Thursday mornings 10.30am - 11.30am 	<p>At the Kingston Quaker Centre KT1 2PT</p> <ul style="list-style-type: none"> Tuesday mornings 10.00am -12.00 noon <p>At Leatherhead Court KT22 0BN</p> <ul style="list-style-type: none"> Wednesday mornings 10.00am - 12.30pm Wednesday afternoons 2.00pm - 4.00pm Thursday mornings 10.00am - 12.30pm Thursday afternoons 2.00pm - 4.00pm

Charges - Dyscover is a charity and our services are subsidised by grants. We ask for a contribution from members. Our charges range from £14.50 to £19 per session, paid termly. Charges are higher for our individual PPA assessments and interventions .

New referrals can be taken at any point throughout the term. See over for referral information.

Recognising that the needs of people with aphasia change over time. We continue to provide different groups for different stages of recovery. Our three core programmes are called **Foundation, Extend and Sustain**, which are run according to the needs of our members / those people newly referred, and following individual assessment by one of our SALTS.

Our **Challenge** Programme runs alongside our communication groups for regular members. This term we are offering 10 weeks of supported Golf and Gymnastics and Movement.

Services for People Living with PPA (Primary Progressive Aphasia)

Last term we supported 16 people with a PPA diagnosis and 19 family members. Most of our support is delivered in person at Leatherhead, but we also work online. Relatives or health professionals wishing to refer can find out about our support from Dyscover's website:

<https://www.dyscover.org.uk/wp-content/uploads/PPA-service-launch-flyer-Sept-22.pdf>

Your FAQs about our PPA service may be answered here

<https://www.dyscover.org.uk/wp-content/uploads/PPA-FAQs-1.pdf-1.pdf>

If you'd like to chat before making a referral, please contact Rosemary Townsend at rtownsend@dyscover.org.uk



Expanding our Online Groups

Last month, we completed our 6-month development project to build the foundations for expansion of our online support, to meet the needs of more people with aphasia and PPA who do not currently have access to online support. The project collected data and consulted colleagues across the NHS and voluntary sector to understand what the need is, and to help inform the design of Dyscover's online service. Thank you to all the SLTs and professionals who shared their expertise, thoughts, and enthusiasm. In the summer term, we will launch our first new Online Foundation Group, led by two of our specialist SLTs, and we have more exciting plans to grow our online services over the coming year. To find out more, visit our website:

[Dyscover Online Project - Dyscover.](#)

To make a referral or get in touch, please contact us at: info@dyscover.org.uk.

Collaboration with the Irish Heart Foundation

We have now reached the end of our second "Living Well with Aphasia Course" which we design and deliver in collaboration with the Irish Heart Foundation. Our Speech and Language Therapist, Barbara Greenwood is delighted that the courses have been so well received and is now planning a further 12-week course later this year.

Conversation Partner Training

We tailor our Conversation Partner Training according to the needs of the people referred to us. In 2023, we would like to provide a small group option for people with aphasia and their conversation partners. It has been shown that people with aphasia benefit early on from exploring the challenges of learning to live with aphasia alongside supportive family and friends. Working together with others shows positive changes in maintaining effective and most importantly enjoyable conversations. For further information, please contact Rhona Palmer at rpalmer@dyscover.org.uk.

To refer or enquire about our services

Please check our referral FAQs: <https://dyscover.org.uk/pdfs/referral-faq.pdf>

Complete our online referral form https://dyscover.org.uk/pdfs/Dyscover_referral_form.pdf

and email to: info@dyscover.org.uk

To enquire either email info@dyscover.org.uk or contact us as below:

Contact Us:

Our offices in Leatherhead are staffed 4 days a week, with 24hr answerphone.

Dyscover Limited, Leatherhead Court, Woodlands Road, Leatherhead KT22 0BN

Telephone: 01737 819419

General enquiries info@dyscover.org.uk

Service-related enquiries to Rhona Palmer rpalmer@dyscover.org.uk

Referrals to be sent to info@dyscover.org.uk

For updates, see News & Alerts on our website: www.dyscover.org.uk